



# Functional Maintenance Plan

A Functional Maintenance Program (FMP) is different than a Restorative Plan. When a person is living with incurable brain failure, improvement is not expected and return to prior level of function is not anticipated.

The FMP is designed to offer the Caregivers with strategies and techniques to decrease risks while improving function, safety, independence, and quality of life.

Last Name, First Name: \_\_\_\_\_

Room # \_\_\_\_\_

Date \_\_\_\_\_

**CHECK ALL THAT APPLY**    I will notice if you are late    I barely notice day / night

**Senior GEMS® Strategies:**    Sapphire    Diamond    Emerald    Amber    Ruby    Pearl

**Risk Factors:**    Dehydration    Malnutrition    Social Isolation    Falls    Other \_\_\_\_\_

**Techniques:**    Hand-under-hand (HUH)    Visual / Verbal / Touch    Positive Physical Approach

**Cues Needed to:**    Initiate    Sequence    Switch Gears    Complete Task

**Helpful Tools:**    Memory Book    Music    THEIR WAY    THEIR WAY

**Favorite Activities:**    Cooking    Walking    Arts / Crafts    Putting Things Together

Organizing    Cleaning    Folding    Writing    Dancing    Singing    \_\_\_\_\_

Please notify other Caregivers if you notice changes in functional status.

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